

FRIENDS OF CHILDREN OF MISSISSIPPI, INC.

PARENT / CHILD DYADS – VOLUNTEER TIME & ATTENDANCE SHEETS

Theme: Toddlers (8 – 18 months) will be introduced to activities that enhance learning skills.

Parent/Guardian Name _____

Child Name _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	March 23, 2020	March 24, 2020	March 25, 2020	March 26, 2020	March 27, 2020	March 28, 2020	March 29, 2020
Time							
Activity	<p>Hide & Seek Show your child an object. Cover the object with a small blanket/towel. See if the child will look for it. Ask, "Where is it?" Praise child's efforts. Play again by hiding the object behind you.</p>	<p>Sponges-Provide sponges and a large bowl half-filled with water to play with outside. Allow your child to wash his/her bike, the mailbox, or even stamp wet sponge-shapes onto the sidewalk. Show child how to squeeze the sponge to make the water come out.</p>	<p>Roll the Ball-Sit on the floor a few feet from your child and demonstrate how to roll a large ball. Encourage them to roll it back and make a fun game of it. You can sing "roll, roll, roll the ball gently across the floor" instead of Row Your Boat.</p>	<p>Megaphone- Use empty paper towel or toilet tissue rolls and show your child how to put it against their mouth and speak, sing or make silly sounds. Sometimes this greatly enhances a child's participation in sound making and speech imitation.</p>	<p>Dump & fill- Children love to dump and fill repeatedly, so provide them with different size measuring cups or bowls; and a few dried beans, cereal, or rice to empty and fill containers.</p>	<p>Sing & Do- Sing familiar songs with your child, especially songs with gestures. Such as, "Wheels on the Bus" and "Old MacDonald". Encourage your child to sing along as best they can and to imitate the gestures.</p>	<p>Meal-time- Your child is just starting to use a spoon. Let your child hold a spoon during all meals even if he/she is still using his/her fingers. As child tries to use spoon for eating, guide at the elbow as needed and fade your assistance.</p>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	March 30, 2020	March 31, 2020	April 1, 2020	April 2, 2020	April 3, 2020	April 4, 2020	April 5, 2020
Time							
Activity	Washing hands- allow your child to wash hands, frequently. Wet child's hands, apply soap, rub child's hands together (front and back) for 20 seconds while singing the handwashing song provided, then rinse. Dry child's hands completely	Bubble Popping- Blow bubbles and encourage child to pop bubbles using hands or feet; clap bubbles; reach high and low for bubbles; or stomp and jump on bubbles. (Bubbles may be purchased or home-made)	Dance, dance- children love to move & music is a great motivator so put on your favorite tunes and shake it up with your child. See if he can imitate arm movements, leg movements, spin in circles, etc. Have Fun	Dump and fill- Provide child with an empty water bottle and a few cheerios. Show your child how to drop the cheerios into the bottle and turn it upside down to dump them out again.	One Step Commands-- Practice having your child follow simple one-step commands such as "Get your cup", or "Put it on the table". If he/she can easily follow one step commands, then work on two-step commands such as "Get your cup and put it on the table" or "Pick up your book and put it on the shelf".	Body Parts-- Play a game of body part recognition by touching each body part while singing: "Head and Shoulders; Knees and Toes" and "Eyes and Ears; and Mouth and Nose" to the tune of "London Bridges Falling Down".	Squeeze & squirt- During bath-time provide a turkey baster, medicine dropper, or a squirt bottle for your child to squeeze and squirt water.

Parent / Guardian Signature _____

Staff Signature _____

Agency staff only: Hourly Rate \$8.37 X Number of Hours _____ = \$ _____