

FRIENDS OF CHILDREN OF MISSISSIPPI, INCORPORATED

Early Head Start Daily Schedule (TODDLERS AND TWOS)



EARLY MORNING

7:30 – 8:00

Arrival, Greet Children and Parents and Health Check

8:00 – 9:35

Morning Activities/ Breakfast

Transition from Breakfast (Handwashing/ Brush Teeth/ Toilet/Diaper Changes)

Learning Centers /Indoor Activities

*Feed Children and Rest Times as Needed (Individualize)

LATE MORNING

9:35 – 11:00

Transition from Indoor Activities (Handwashing/Toilet/ Diaper Changes)

Outdoor Activities (1 hour)

Prep Lunch

11:00 – 11:30

Lunch

*Feed Children and Rest Time as Needed (Individualize)

MIDDAY

11:30 – 12:00

Transition from Lunch (Handwashing/ Toilet/ Diaper Changes/ Brush Teeth)

Indoor Activities

12:00 – 1:30

Transition from Indoor Activities (Handwashing/ Diaper Changes/ Toilet)

Rest Period

Wake Up and Cuddle Time

1:45 – 2:00

Transition for Snack (Handwashing/ Diaper Changes/Toilet)

Prepare and Eat Snack /Handwashing

*Feed Children and Rest Time as Needed (Individualize)

LATE AFTERNOON

2:10 – 3:00

Indoor Play/ Learning Centers/ Activities

Large Group/Closure: Review daily activities, select children to share their thoughts about their day, review books, read, and introduce children to the next school day activities

*Feed Children and Rest Time as Needed (Individualize)

Departure

**Toddlers have their own unique individualized schedule which is given to parents daily. The above schedule offers toddlers a feeling of needed routines and gives parents a sense of what their child is doing during the day. We cater to each child's eating, diapering/toileting, and sleeping needs on an individual basis.



FRIENDS OF CHILDREN OF MISSISSIPPI, INCORPORATED



Early Head Start

Daily Schedule

(INFANTS AND MOBILE INFANTS)



EARLY MORNING

7:30 – 8:00

Arrival, Greet Children and Parents and Health Check

8:00 – 9:35

Breakfast/ Morning Activities

Transition from morning meal (Handwashing/ Oral Hygiene/ Diaper Changes)

Outdoor Activities (45 minutes)

*Feed Children and Rest Times as Needed (Individualize)

LATE MORNING

9:35 – 11:00

Transition from Outdoor Activities (Handwashing/ Diaper Changes)

Indoor Play/ Activities

Prep Lunch

11:00 – 11:30

Lunch

*Feed Children and Rest Time as Needed (Individualize)

MIDDAY

11:30 – 12:00

Transition from Lunch (Handwashing/ Oral Hygiene/ Diaper Changes)

Indoor Activities

Transition from Indoor Activities (Handwashing/ Diaper Changes)

12:00 – 1:30

Rest Period

Wake Up and Cuddle Time

Transition for Snack (Handwashing/ Diaper Changes)

1:45 – 2:00

Prepare and Eat Snack /Handwashing

*Feed Children and Rest Time as Needed (Individualize)

LATE AFTERNOON

2:10 – 3:00

Indoor Play/ Activities

*Feed Children and Rest Time as Needed (Individualize)

Departure

**All infants/mobile infants have their own unique, individualized schedule which is given to parents daily. The above schedule offers infants/ mobile infants a feeling of needed routine and gives parents a sense of what their child is doing during the day. We cater to each child's eating, diapering/ toileting, playing, and sleeping needs on an individual basis.

