



# FRIENDS OF CHILDREN OF MISSISSIPPI, INC.

## PARENT / CHILD DYAD – VOLUNTEER TIME & ATTENDANCE SHEET

Lesson Plan Theme: \_\_\_\_\_

Healthy Habits

School Readiness Goal (monthly focus): Children will identify and practice healthy and safe habits

Individual Planning (IEP, LAP-3, Interim Services): (3-Year-Olds) - Cut with scissors; Use 4-6 word sentences; Quantitative concepts, big/little; Point to and name pictures; Sing simple songs; (4-Year-Olds) - Name colors; Take turns with assistance; Cooperative play; Copy/print name; Count objects; Quantitative concepts (more, less, same)

Parent/Guardian Name: \_\_\_\_\_

Child Name: \_\_\_\_\_

|          | Sunday  | Monday                                    | Tuesday   | Wednesday                                      | Thursday                                      | Friday  | Saturday                 |
|----------|---|---|---|--|---|---|--------------------------|
| Date     | 3/15/20   | 3/16/20                                   | 3/17/20   | 3/18/20  | 3/19/20                                       | 3/20/20   | 3/21/20                  |
| Time     |   |   |   |  |   |   |                          |
| Activity | Show children the correct handwashing procedure | Practice coughing into elbow; Discuss why | Name fruits/vegetables; Count foods/Name colors | Sing hand-washing song/wash hands; Practice... | Child helps make simple snack... Wash hands!! | Point to/name pictures; Use sentences to describe it. | Review weekly activities |

|          | Sunday  | Monday   | Tuesday                              | Wednesday   | Thursday                 | Friday                 | Saturday                 |
|----------|---|--|--------------------------------------|---|--------------------------|------------------------|--------------------------|
| Date     | 3/22/20                                       | 3/23/20  | 3/24/20                              | 3/25/20   | 3/26/20                  | 3/27/20                | 3/28/20                  |
| Time     |   |  |                                      |   |                          |                        |                          |
| Activity | Review hand-washing and coughing precautions. | Quantitative concepts - big/little; more/less/same | Art/Writing Cutting/color print name | Cooperative (clinic/cafe_ - practice healthy habits. Can also print name, | dramatic play - practice | Free Choice Activities | Review weekly activities |

Parent / Guardian Signature \_\_\_\_\_

Staff Signature \_\_\_\_\_

Agency staff only: Hourly Rate \$ \_\_\_\_\_ X Number of Hours \_\_\_\_\_ = \$ \_\_\_\_\_